CLAIMS

1. Triple metal salts of (-)-hydroxycitric acid having the general formula 1

wherein X, Y are selected from zinc or group IIA metal and Z is selected from group IA metal of the Periodic Table.

2. The triple metal salts of (-)-hydroxycitric acid having the formula $\underline{2}$

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wherein X is magnesium or zinc

- 3. The triple metal salts of (-)-hydroxycitric acid as claimed in claims 1 and 2 wherein at least two metals are independently selected from zinc or a group II A metal and Z is a metal selected from group 1A of the Periodic Table.
- 4. The triple metal salts as claimed in claims 1 to 3, wherein group IIA metals are independently selected from Be, Mg, Ca, Sr, Ba or Ra in the form of their carbonates, oxides or hydroxides.

- 5. The triple metal salts as claimed in claims 1 to 3 wherein group IA metals are selected from Li, Na, K, Rb, Cs or Fr in the form of carbonates of hydroxides.
- 6. The triple metal salts as claimed in claim 1, containing 50 to 75% of HCA, 0 to 0.5% of lactone, 3 to 8% of calcium, 1 to 5% of magnesium and 8 to 20% of potassium.
- 7. A process for preparing triple metal salts of (-)-hydroxycitric acid of the formula 1

which comprises the slow addition 0.5 molar equivalent of group II A metal compound to the purified aqueous extract of hydroxycitric acid followed by the addition of other group II A 0.5 molar equivalent of metal compound and 1 molar equivalent of group I A metal compound.

- 8. A process of preparing a purified aqueous extract of (-)-HCA comprising passing the water extract of Garcinia rind through anion exchange column followed by cation exchange column or by treating the insoluble calcium hydroxycitrate with phosphoric acid.
- 9. A process for the preparation of triple salts of HCA comprising reacting a suspension of calcium hydroxycitrate with aqueous magnesium carbonate followed by aqueous potassium hydroxide solution.

- 10. A process for the preparation of triple salts of HCA comprising reacting an aqueous tripotassium hydroxycitrate with equimolar amounts of calcium hydroxycitrate and magnesium hydroxycitrate.
- 11. The processes as claimed in any one of the claims 7 to 10 wherein the metal compounds are hydroxides, oxides and carbonates of calcium, zinc or magnesium and potassium.
- 12. The process as claimed in any one of the claims 7 to 10 wherein said triple salt is separated from the reaction mixture by adding water miscible solvents and filtering or by spray drying the aqueous solution.
- 13. The process as claimed in claim 12, wherein said water miscible solvents are alcohols, acetone, acetonitrile, dioxan, tetrahydrofuran or mixtures thereof.
- 14. A therapeutic formulation containing triple salts of HCA as claimed in claim 1, for treating obesity.
- 15. A dietary or nutraceutical formulation containing triple metal salts of (-)-HCA as claimed in claim 1.
- 16. A beverage containing triple metal salts of (-)-HCA as claimed in claim 1.